Information Gemstone Balsams 1-7* by PEKANA®.

The seven Gemstone Balsams by PEKANA® combine skin nurturing properties with the power of gemstones and essential oils for your daily well-being. According to tradition, gemstones represent the harmonization of the body’s ethereal energy flow.

The gemstone balsams are not only suited for use as skin care products. They can also be applied for a soothing body massage, or for acupressure and foot reflex zone massages as well as in osteopathy. In addition, they are frequently used to support kinesiology applications and for energy work.

Gemstones and Energetic Principle
The ideological explanation for the properties is based on the presumption that due to the crystal lattice of the gemstones and the therein embedded minerals, a local energetic impulse is placed on the skin, which is supported by the circulation and resorption promoting effects of the essential oils. As a result, the crystal energy should be transmitted to the olfactory center with the aid of the essential oils and be sensed there. The olfactory center is closely linked with the feelings that significantly contribute to our well-being.

Novelty - PEKANA® Precious Stones Balm Shop
Take new inspirations from the world of precious stones and essential oils. Learn more about possible choices and application notes of our precious stones balms. They are available as 7x7 g starter set, 7x30 g assorted carton or as single tube of 30 g. Order directly via www.edelsteinbalsame.de.
**Selection Options**

There is a wide range of options for selecting the balsams. For a start, the intuitive selection of the balsams is the simplest. It is hereby possible to let yourself be guided by the color or the fine aroma of the essential oils. In addition to daily skin care, an application may also be made “as required”. It is thereby possible to make a conscious selection, which meets a specific “need”: orientation here can be provided by the characteristic color, properties of the gemstones or the Chakra categorization. The properties of the corresponding balsam support the user in his selection. Furthermore, a selection can be made with EAV testing, kinesiology tests or radiesthetic measurements, e.g. radio sensor.

**Gemstone Balsams and Chakras**

The term Chakras stands for the energy centers in the human body that, according to the supporting theory, are located along the spinal column and transform material influences in such a manner that they can be grasped emotionally and intellectually. Each Chakra is assigned to particular organs or glands. The gemstone balsams can be selected according to their Chakra categorization, in order to apply them to the specific energy center. Small quantities are already sufficient to achieve the intended purpose.

**Information for the Consumer**

It is important to consciously appreciate the aroma following application of the gemstone balsam. For infants and especially newborns, it is recommended to work mainly on the feet, since the skin on the body is very sensitive. This enables all areas of the body to be approached over the reflex zones. Even pregnant women can use the balsams, since the concentration of essential oils is extremely low. Sparse application of the balsams is sufficient.

**Information About the Ingredients**

The gemstone powder is pulverized to a particle size of 40μm. The crystal lattice structure is maintained at this particle size. The essential oils are processed from organic products. All ingredients are tested according to strict criteria and the production is done in compliance with the highest quality standards (GMP regulations). The neutral, well-tolerated salve base provides an ideal carrier for these ingredients. It is free of animal ingredients, preservatives, artificial colors and aromas as well as mineral oil derivatives. Please refer to the external packaging for the declaration of the ingredients.

**Information on the Individual Balsams**

Every gemstone balsam combines two gemstone powders each with two essential oils. The following explanations describe some of the properties and the application spectrum of the gemstone balsam.

**Gemstone Balsam 1 Energy and Vitality**

Sugilite was first discovered in 1944 in Japan and named after its finder Dr. Kenichi Sugi. The stone is attributed with the characteristic of consistently living according to one’s own inner truth. The stone garnet is considered to promote self-confidence and vitality and have a positive influence on the regenerative potential of the body. Fragrant rose oil strengthens our emotions and is said to inspire individual drive. The pleasant scent of the spike lavender rounds off the nurturing composition to create a lively mood.

**Gemstone Balsam 2 Opening and Changing**

Reorientation in processes of change; finding goals and meaning are attributes belonging to the emerald. The red jasper has always been considered the stone that helps to courageously and insistently pursue goals. The oil of the rosemary plant has always been one of the stimulating essences with its invigoratingly fresh fragrance; this is supplemented by the scent of the essential oil from the cedarwood.

**Gemstone Balsam 3 Harmony and Optimism**

A positive influence on the improvement of analytical thinking, the strengthening of self-confidence and a sense of responsibility are properties associated with onyx. Joy, idealism and community spirit are said to receive a supporting influence from carnelian. The warming, aromatic scent of the high quality cypress oil is synonymous with vitality and self-confidence; the slightly sweet, lemony scent of the bergamot crowns this balsam.

**Gemstone Balsam 4 Joy and Tranquility**

The black tourmaline represents the harmonious unit of body, mind and soul. This stone is also said to have protective properties against negative energies. Jade is the stone of the balancing principle. The flowery-woody scent of sandalwood oil strengthens optimism. Rosewood oil, with its invigorating properties, completes this balsam.

**Gemstone Balsam 5 Clarity and Openness**

Rock crystal is transparent, pure crystal quartz without tainting and clouding impurities and therefore conveys a sense of clarity. Throughout the ages, chalcedony has been known as the “stone of orators”. In literature, chalcedony is described as having the two aspects of communication: the abilities to listen and to understand. The essential oil of the peppermint plant is a refreshing and energizing scent. The spicy aroma of sage oil promotes the flow of energy and beneficially tops off the composition.

**Gemstone Balsam 6 Release and Processing**

In literature, the place where agate was discovered was the Sicilian Achates River, which explains the origin of the name. Agate is said to have the property to promote the conscious processing of life experiences and thereby to reach inner stability and the release of inner tension. Sodalite should help you to stand up for yourself and to have a positive effect on the release of feelings of guilt. The oil of the orange, as a plant that requires a sunny habitat and which has stored the brightening and warming energy, represents a cheerful mood and wards off claustrophobic feelings. The blue oil of the chamomile is considered to have a balancing effect.

**Gemstone Balsam 7 Protection and Inner Peace**

The name amethyst originates in Greece and means “sober” (a-methystos). Even back in Antiquity, it was attributed as having a sobering, reduced effect. In the Middle Ages, Konrad von Megenberg correctly classified the amethyst as a mineral that “gives people courage, rids them of evil thoughts, yields rationality and makes them gentle and civil.” Aventurine is known as the stone that promotes relaxation and regeneration. The application of lavender oil is a calming component. The woody-fresh, relaxing scent of the cypress is often described as protection against negative powers.

“All of the statements expressed here about the gemstones and essential oils contained in PEKANA® Gemstone Balsams are references to knowledge that has been passed down traditionally. They are not based on natural scientific knowledge.”